

Singh's acquittal by a  
ditional Sessions Judge G P

tion because the judge had  
said that he knew the ac-

ent of doubt because of  
lack of evidence.

Continued on Page 11

# Bangalore gets the pink eye

## DH NEWS SERVICE

**BANGALORE:** The irritating, itchy 'pink eye' is back.

The first sign of winter has brought with it the conjunctivitis epidemic in the City. Leading eye hospitals like Minto Eye Hospital and Narayana Nethralaya are receiving over 30 cases a day.

According to Dr Arun Sampathi, eye surgeon at Narayana Nethralaya, conjunctivitis is triggered by a virus that is doing the rounds this season. Most of the victims, he pointed out, were students, who have contracted the virus through interactions in school. "We are lately having entire families walking

### What is conjunctivitis?

Conjunctivitis is an inflammation of the conjunctiva, the clear membrane that covers the white part of the eye and lines the inner surface of the eyelids.

### Symptoms:

- Discomfort or pain in the eye
- Sensation of having sand in the eye
- Redness of the eye and inner eyelid
- Swollen eyelids

in with swollen eyes, after they contracted it from the children," Dr Sampathi said.

Dr Ganesh, head of Nethradhama Eye Clinic and Surgical Centre, said

- Sensitivity to bright light
- Itching and tearing

### Precautions

- Wash hands thoroughly and often
- Throw away infected items like gauze or cotton balls after use
- Wash towels and other linens used by the patient in hot water separately
- Don't share eyedrops, tissues, washcloths, towels, or pillowcases with patient



that viral conjunctivitis was caused by the common cold and influenza that hit the city a fortnight ago. "Viral conjunctivitis is often associated with an infection of the upper respiratory

tract, a common cold, or a sore throat. Post Diwali, we are likely to witness a spurt in allergic conjunctivitis that is mainly caused due to seasonal changes," Dr Ganesh added.

According to doctors, conjunctivitis is highly contagious and spreads through even indirect contact.

"It is a myth that one can contract the infection by looking at a person with conjunctivitis. It is usually spread through contaminated hands or tissues. Patients and caretakers should wash their hands often," Dr Sampathi said.

It will take 7-10 days for the infection to subside, Dr Ganesh said.