

Handle your contact lens with care

Staff Reporter

BANGALORE: Eye infections among contact lens users are going up because of poor maintenance of lenses, say ophthalmologists.

Arun Samprathi, consultant ophthalmologist at Narayana Nethralaya, says that he sees at least three persons every week with contact lens infection. In most cases, the bacterial infection is caused by poor handling of the contact lens and improper maintenance, he says.

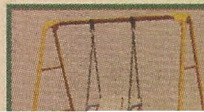
Those with contact lens infection usually suffer from redness, irritation, and pain in the eye, and occasionally has blurring

of the cornea. Dr. Samprathi says that when one has these symptoms, one should stop wearing contact lens until the infection is brought under control. "There are chances of re-infections or worsening condition, if the persons wear the lens when the symptoms have not been treated," Dr. Samprathi says.

Ophthalmologist K. Ravi says contact lens wearers should stick to the schedule given by the doctor. They should always wash their hands with soap and water before handling the lenses. The lenses should always be cleaned only with the prescribed solution, he adds.



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